READERS WRITE IN:

Thank you for the article "In the arms of Jesus and Mary"! I was a nurse who got involved with healing touch... I believe you are disseminating very important information; information that many need to hear, but may not want to believe at first. That's the way I was - I didn't want to hear that something that seemed so 'innocuous' as Healing Touch was really not so innocent... God bless you in your work!!!!

Regards, A. O.

Dear Cross & Veil, Thanks so much for the wonderful blessing of truth about the new age on your web site. I am a Catholic nurse involved in parish nursing and working very hard to develop a critique of therapeutic touch, healing touch, and Reiki which are saturating my community. Your work is such a help for me. I hope and pray that you will continue to add more to your site and make it more readily known. I believe I found it through Petersnet.

God bless you, P. L., RN, BScN

WHAT CAN I DO?

New Age ideas and practices have seeped into every facet of Catholic culture. Religious communities support ministries promoting eastern and Gnostic forms of prayer. Hospitals claiming to be Catholic offer courses or house "healing centers" with Reiki, yoga and Healing Touch instruction and practice.

You can make a difference!

1) **Become the local expert** by reading the articles on our web site and others.

2) **Evangelize** by printing out and disseminating these articles in church vestibules; holding seminars at the parish, school and university level with the outlines for educators; sending letters of concern to hospital, university and religious order leaders - copying your local bishop each time; becoming vocal and active as lay leaders at the local, archdiocesan and national levels and; by serving on committees with oversight of these institutions.

3) **Begin Intercessory Prayer Groups** by starting Holy Face Holy Hours in your church. Devotion to the Holy Face brings many miracles of deliverance and conversion. Go to the web site address [http://www.holyface.org](http://www.holyface.org) to learn how to start one at your parish.

"We went for peace to no avail; for a time of healing, but terror comes instead." - Jeremiah 8:15

THE TRUTH ABOUT HEALING TOUCH INTERNATIONAL

A Catholic internet resource for spiritual discernment

BRINGING THE NEW EVANGELIZATION TO CATHOLICS INVOLVED IN THE NEW AGE
Is Healing Touch International (HTI) at your parish, hospital or retreat center?

Healing Touch International or HTI is an international organization founded in 1993 by Janet Mentgen and Linda Smith, two nurses who desired to bring the influence of New Age "energy channeling" techniques to hospitals, schools and parishes worldwide.

The HTI web site (http://www.healingtouch.net/othrptog/spirit/proginfo.htm) describes the technique as "energy based healing therapies from a Judeo-Christian perspective". They teach ways to integrate Healing Touch into church/parish healing ministry.

The site claims that "parish nurses, prayer teams and clergy alike are using this work to bring about God's healing compassion". Courses include the study of "self hypnosis...recognizing naturalistic trances... hypno-therapeutic techniques...& energetic patterning". The program of study is an eclectic blending of energetic techniques of a number of well-known healers, including Dolores Krieger's "Therapeutic Touch". "Healing Touch" teaches the use of one's hands and will to influence health at physical, emotional, mental, and/or spiritual levels.

"Therapeutic Touch" was developed by Dolores Krieger, Ph.D., R.N., (Professor Emerita of New York University) and her mentor, Dora Kunz, in the early '70s. TT is now practiced by thousands of health care professionals and is popular in many hospitals and nursing homes. The technique is taught at scores of universities and hospitals.

A book entitled, Healing Touch: A Resource for Health Care Professionals, by Hover-Kramer & Mentgen, describes Healing Touch's energy-based healing and provides descriptions of the layers of the human energy field and energy centers. The web site also sells a musical tape of repeated mantras (Hindu chants) of peace and healing.

The main resource page of the web site has as its principal recommended text, Hands of Light, by Barbara Brennan (the inspiration of this technique and the most well known New Age "healer" in the U.S.). The rest of the recommended texts on the web site include books on Theosophy, Eastern thinkers and New Age leaders, representing a mix of eastern and Gnostic traditions.

What is Healing Touch?
It is a newer version of a dangerous and spiritually invasive system of energy manipulation which may be legitimately described as magic. How is it a magical art? Using a distortion of eastern mysticism or occult techniques, New Age healers attempt to manipulate matter through an act of the will. New Age "energy work", as it is called, has many forms of this magic.

In the case of HTI, this magical art has now been modified and disguised for Christian ministries, schools and hospitals. Many hybrid forms of "energy channeling" have grown from the earlier versions of such techniques as yoga, the "healing science" of Barbara Brennan and Reiki. Therapeutic Touch and its offshoot, Healing Touch, are just two of these variations.

Real healing is never a technique.

Real healers never take mini-courses or charge money.

Real healers do not use "energy".

If you know a hospital, school nurse or member of a parish pastoral team promulgating these techniques, please pass this article on to their bishop.

For more information, check this article written by a medical doctor on medical studies disproving the validity of HTI at the following web page: http://www.quackwatch.com/01QuackeryRelatedTopics/tt.html

Reminder...